

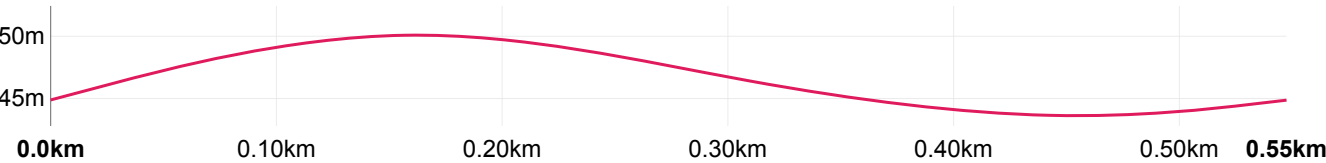
Route Information

Route Name                      My Route From a dropped Pin

Route Summary

Total Distance	0.5km (0.3mi)	Walk	7min
Elevation	43m at lowest point	Run	2min
	52m at highest point	Cycle	1min
Total Ascent	10m		

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SS 453 895	0.00km	51° 35' 0" N	4° 14' 1" W	45m
	Dist to next: 0.55km, Bearing to next: 50°, Ascent to next: 10m				
2	SS 453 895	0.55km	51° 35' 0" N	4° 14' 1" W	45m